

For office use only Membership Number: Male..... Female.....

Penmere Leisure Club Application for Membership 2018

Mr/Mrs/Miss Surname..... First name.....

Mr/Mrs/Miss Surname..... First name.....

Child.....Date of birth.....Child..... Date of birth.....
A child is aged 1 year to 16 years old

Address.....

Town.....Post code.....Telephone.....

E-mail.....

COMPLETE EITHER SECTION 1 OR SECTION 2

1. Complete this section for full payment in advance (rates applicable **from 1 January 2018 until 31 December 2018**)

Annual Membership

.....Adult @ £475.00 each Total £

..... Couple @ £875.00 Total £

.....Child @ £230.00 each Total £

..... Family * @ £1250.00 Total £

* (2 x adults & 2 children aged 5 - 16 yrs)

6 month membership

.....Adult @ £250.00 each Total £

.....Couple @ £475.00 Total £

.....Child @ £130.00 each Total £

3 month membership

..... Adult @ £130.00 each Total £

..... Couple @ £250.00 Total £

..... Child @ £70.00 each Total £

Total amount payable: £

2. Complete this section for monthly payment by debit or credit card. I understand that the terms of my membership must **run for at least 12 months**, and that if I wish to cancel my membership after this time I must give at least **one months notice in writing** to Penmere Manor Hotel. Payment for 3 month or 6 month membership can only be accepted by in full.

.....Adult @ £45.00 each per month £

.....Couple @ £85.00 per month £

.....Child @ £25.00 each per month £

.....Family * @ £115.00 per month £

*(2 adults & 2 children aged 5 - 16 yrs)

Total amount to be taken on or about the first of each month £

Please note that we are unable to accept Diners Club or American Express

Type of card (Please circle) Visa Delta/solo Mastercard Switch/Maestro

Card Number:

Card Valid From: Card Valid To::

Issue No:

Cardholders's Signature:

Subscription rates are reviewed annually. Where appropriate changes to subscription rates will apply from 1st May

I / We have read and agree to abide by the Rules and Terms and Conditions of Use of Fountains Leisure Club.

I / We have completed the Fitness Questionnaire and consider that I am / we are / fit to undertake physical exercise.

Signed..... Signed.....

Date on which membership is to commence.....

Please enclose TWO passport size photographs for each adult.

Indoor Pool length 12 metres; width 10 metres; Depth range from 1 - 2 metres; Temperature 29C/ 85F



Fitness Questionnaire

The leisure club is not under constant supervision.
Young people under the age of 16 are not allowed to use the gym

Sensible exercise is good, but please complete this questionnaire before using the swimming pool or gym. If you answer "Yes" to any of the following questions take advice from your doctor before using any of the leisure club facilities.

1. Has your doctor ever said that you have a heart condition and that you should only do physical activity recommended by a doctor? Yes/No
2. Do you ever feel pain in your chest when you do physical activity? Yes/No
3. Have you ever had chest pain when you were not doing physical activity? Yes/No
4. Do you ever feel faint or have dizzy spells? Yes/No
5. Do you have a joint or muscular problem that could be made worse by exercising? Yes/No
6. Have you ever been told that you have high blood pressure? Yes/No
7. Are you currently taking any medication? Yes/No
8. Are you a new or expectant mother? Yes/No

Name (print)

Date.....

Name (signed)



Fitness Questionnaire

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- | | |
|---|--------|
| 4. Has your doctor ever said that you have a heart condition and that you should only do physical activity recommended by a doctor? | Yes/No |
| 5. Do you ever feel pain in your chest when you do physical activity? | Yes/No |
| 6. Have you ever had chest pain when you were not doing physical activity? | Yes/No |
| 4. Do you ever feel faint or have dizzy spells? | Yes/No |
| 6. Do you have a joint or muscular problem that could be made worse by exercising? | Yes/No |
| 6. Have you ever been told that you have high blood pressure? | Yes/No |
| 7. Are you currently taking any medication? | Yes/No |
| 8. Are you a new or expectant mother? | Yes/No |

Name (print)

Date.....

Name (signed)

Penmere Leisure Club

Rules and Terms and Conditions of Use

Please be aware of the fact that Penmere Leisure Club does not have a life guard. It is monitored by the Hotel staff, on a regular basis, but all those who use it must be responsible for their own safety and the safety of others.

1. Penmere Leisure Club (“the Club”) comprises of the gymnasium, the swimming pool, the Jacuzzi, the sauna and the changing rooms.
2. The Club is exclusively for the use of hotel residents, club members and their permitted guests (collectively referred to hereafter as “guests”). Club members and hotel guests are permitted a maximum of two guests, on a 24 hour basis, upon payment of the appropriate daily fee. Penmere Manor Hotel Limited reserves the right to exclude or temporarily bar any member or guest for inappropriate behaviour.
3. The Club is open between 7.00am and 9.00pm seven days a week. Children under the age of 16 are not permitted in the gym, or to use the facilities before 9.00am or after 7.00pm (the only exception being hotel residents children only allowed between 7pm and 9pm during the school holidays), and at all other times must be accompanied by an adult, who is responsible for the child’s safety. The Club is not open over the Christmas period each year, and will be closed for approximately 24 hours each month for maintenance purposes. Times of closing are posted, as required, at the front desk. Enquiries may also be made at the hotel reception.
4. Before using the Club facilities guests must have completed and returned the health questionnaire, and at all times must obtain their doctor’s advice if there is any question or doubt about their ability to undertake physical exercise.
5. All guests must sign in and out in the book on the front desk, before and after using the Club facilities. Members should have their membership cards available for inspection whenever using the facilities.
6. Penmere Manor Hotel Limited can accept no responsibility for the loss of or damage to guests’ property whilst on the Club premises. Lockers are available for use in the changing rooms.

7. All guests are required to dress in appropriate swimwear or sports wear. Ordinary casual clothing is not permitted. Swimwear is not to be worn in the hotel bar or lounge area.
8. When using the gym for the first time, and thereafter, it is the responsibility of the guest to ensure that they are familiar with the equipment and its use. The appropriate gym equipment or operating instructions must be followed at all times.
9. All guests using the swimming facilities are required to shower immediately beforehand. All swimmers do so at their own risk, and non-swimmers and beginners are required to remain on the shallow side of the rope in the pool.
10. All guests are asked to be considerate to the requirements and wishes of others, in lane discipline in the pool, in the use of the gym equipment, and in using the Jacuzzi and the sauna. Any guest who is persistently inconsiderate is at risk of being barred or suspended.
11. Diving and jumping into the pools is not permitted, nor is snorkelling and the use of balls or inflatable toys, other than normal swimming aids.
12. Only food and drink purchased from the hotel may be consumed on the premises, and no glass or china is permitted anywhere on the Club premises.
13. Pets are not allowed in the public areas.
14. The Club is a non-smoking and a mobile phone free area.
15. All members are issued with a key pass for which a replacement fee of £5.00 is charged if it should be lost or damaged.
16. Whilst all reasonable steps are taken to prevent the risk of injury and/or damage to property, neither Penmere Manor Hotel Limited, nor its directors and employees can accept any liability for any loss, injury or damage to any guest or their property, and all guests use the Club facilities at their own risk and on this understanding.
17. By using the Club facilities all guests thereby acknowledge that they accept the rules and conditions contained herein; and club members acknowledge that use of the facilities is conditional on being up to date with payment of the relevant fees. Any club member, or former club member, using the facilities without payment hereby agrees to make payment of outstanding fees on demand.

Penmere Leisure Club

Subscription Rates 1 January 2018 to 31 December 2018 and Discount Schemes

Adults

Annual membership (paid in full)	£475.00
Annual membership (monthly subscription)	£45.00 per month
6 month membership	£250.00
3 month membership	£130.00

Couples

Annual membership (paid in full)	£875.00
Annual membership (monthly subscription)	£85.00 per month
6 month membership	£475.00
3 month membership	£250.00

Children

Annual membership (paid in full)	£230.00
Annual membership (monthly subscription)	£25.00 per month
6 month membership	£130.00
3 month membership	£70.00

Family Membership (2 Adults & 2 Children aged 5 - 16 yrs)

Annual membership (paid in full)	£1250.00
Annual membership (monthly subscription)	£115.00 per month

Guests, per 24 hour period

Adults	£12.00
Children (aged 5 – 16 yrs)	£6.00

All children under the age of 5 years will now be FREE of charge
(please note only 1 child per adult member)

Children are not allowed access to the gym under 16 yrs of age and children under the age of 12 yrs are not allowed to use the Jacuzzi

Please Note

1. By opting for payment by credit/debit card, members agree that it shall operate for a minimum of 12 months, and agree to give 1 months notice of cancellation.
2. Payment for the 3 or 6 month membership must be by cheque, credit card or cash, a monthly payment does not apply.
3. “Children” are those under the age of 16.
4. Membership fees are reviewed and if appropriate increased with effect from 1 January each year.

Discounts schemes available to members

The following discounts are available when using the hotel facilities

1. 10% off the bill for you and your guests when dining in the restaurant or bar, provided the bill is food only and in excess of £10.00 to qualify for the 10%. Please state that you are a leisure club member when booking, and have your membership card available at the time of paying. Payment must be by the member. (this applies to food only)
2. 10% off the cost of hotel accommodation booked and used by the club member. This does not apply to any special offers that might be available at a particular time, and enquiry should be made of hotel reception about what events might be excluded. (this applies to food only)
3. 10% off the cost of a private function which the club member organises and pays for.